

Armstrong Center for Medicine and Health Hospital Laboratory Information: (724) 534-8123

## PINWORM SPECIMEN COLLECTION INSTRUCTIONS

- 1. Pinworm eggs (ova) are deposited near the anus (opening of the rectum) during the night, when the patient is at rest or asleep.
- 2. The specimen must be collected early in the morning, before the patient wakes up and moves around, and before using the toilet.
- 3. Do not wipe or wash the rectal area before collecting the specimen.
- 4. Use a Popsicle stick with tape wrapped with the sticky side facing outward. Press the sticky surfaces against the folds of the skin around the anal area. DO NOT insert the stick inside the rectum. If possible, the lab can supply a kit that has a sticky paddle to use instead of the Popsicle stick.
- 5. After the tape or the pinworm paddle has touched the patient's skin, insert the paddle into the tube and seal the cap, or place the Popsicle stick inside a plastic bag. Hands should be washed thoroughly after the collection is finished.
- 6. Label the specimen with this information: Patient's name and birth date, and the date and time of collection.
- Return the sample to the ACMH Hospital laboratory as quickly as possible for testing.