ACMH Hospital 2018 Community Health Needs Assessment Survey



Armstrong County

Survey questions were determined through a collaboration with: ACMH Hospital Richard G. Snyder YMCA ARC Manor Lutheran SeniorLife VNA, Western Pennsylvania

the

Survey Recipients

- 7481 Surveys were sent to e-mail addresses of individuals with a zip code that is completely or mostly in Armstrong County
- 1554 surveys were completed
- 533 were undeliverable
- Completion rate 22.4%



This chart compares the surveys sent to responses received by age range

■ 50-64 **■** 65+ **■** 31-49 **■** 18-30



Total Surveys Sent – 7481 Total Respondents - 1554

This chart shows the gender of respondents



This chart shows the gender of respondents over the age of 30.





Recipients were asked about their personal health concerns.

Personal Health Concerns



Personal Health Concerns – Age 18-30



Personal Health Concerns – Age 31-49



Total Respondents – 329

Personal Health Concerns – Age 50-64



Health Concerns – 65 and Older



Other Health Concerns (write In)

- Asthma
- Arthritis
- Auto-immune disorders
- Lyme disease
- Lower respiratory disease
- Glaucoma/macular degeneration
- Digestive/stomach problems
- Multiple sclerosis
- Menopause
- Hypertension
- High cholesterol
- Neuropathy
- Osteoporosis
- Parkinson's disease
- Tobacco use

Respondents Who Expressed a Concern About Substance Abuse or Alcohol Consumption Were Asked About Personal Experiences





Have you ever had a drink or used drugs first thing in the morning to steady your nerves or get rid of a hangover?

Have you ever felt bad or guilty about your drinking or drug use?

Have people annoyed you by criticizing your drinking or drug use?

Have you ever felt that you ought to cut down on your drinking or drug use?

Total Respondents – 148

🛛 Yes 🛸 No







Recipients Were Asked About Their Main Source of Health Care Services 83% of Respondents Have a Family Doctor

Main Source of Care When Sick Other Than Family Doctor



Call 911

When someone has heart attack or stroke symptoms, it is important to call 911 rather than use a personal vehicle to get to an emergency department. That way the specific care needed is started by the paramedic or emergency medical technician and the members of the specialized care team needed at the hospital are mobilized to arrive at the Emergency Department as quickly as possible.

We wanted to know why patients chose other transportation methods in emergency situations.

Reason Respondent Didn't Call 911 for Emergency Department Visit



We asked about care needs after a hospitalization or serious illness.





Respondents Who Have Been Admitted to a Hospital or Had a Serious Illness in the Past 18 Months



Post Discharge or Serious Illness Needs



Total respondents -320 Total respondents with need - 57



We asked about barriers to healthcare services

Barriers to Care





27.1%

421 Respondents

Total Respondents – 1554

Barriers to Healthcare by Age Group



■ 65+ ■ 50-64 ■ 31-49 ■ 18-30

Other Barriers to Care

- My work hours don't mesh with healthcare appointment hours
- I can't take time off work
- ✤ I need child care
- Specialists I need are not local to this area

- I don't know what is covered by my insurance
- I can't afford upfront co-pays and deductibles for service
- I have insurance payment limits
- I can't afford the Prescription drugs I need

Wellness Screenings and Preventive Servies

84% of Respondents Regularly Receive Wellness Screenings and/or Preventive Services





Screenings/Wellness Visits in Past 18 Months



NUMBER OF RESPONSES

Percentage of Respondents (by Gender) Receiving Certain Screenings Age Group 31 – 49

31-49 Male 31-49 Female



Percentage of Respondents (by Gender) Receiving Certain Screenings Age Group 50 – 64

Male Female



Percentage of Respondents (by Gender) Receiving Certain Screenings Age Group 65+



Male Female

Those who don't receive regular screenings or wellness visits were asked, "Why not?"



Number of Responses

Other Reasons Respondents Have not Had Screenings

- Think PCP should know everything about patient and therefore, other screenings not necessary
- Scheduling them can be difficult
- Forget about them
- Can't take the time off work
- Child care issues

-	

Screening Rates of Survey Respondents



- Colorectal Cancer Screening Rate age 50+ 24%
- Prostate Cancer Screening Rates age 50+ 43%
- Dental Exam Rates All Respondents 69%
- Mammography Rate Age 50+ 80%
- Skin Cancer Screening Rate 16%
- 63% of All Respondents Receive Flu Shots

Fitness – We asked how often respondents engage in exercise or recreational activities to stay fit.



How Survey Respondents Keep Fit


How Survey Respondents Keep Fit That Do Not Belong to a Fitness Facility But Make it a Point to Exercise for Fitness





Total Respondents - 134

Other reasons respondents don't engage in fitness activities

- Work Schedule
- "Don't know how much I can push myself"
- Balance problems
- Depression
- Weather
- Incontinence
- Don't like it!





We asked respondents to prioritize community needs.

Most Important Community Needs



Lower healthcare costs Free or affordable screenings Less costly exercise/recreation facilities Availability/cost of healthy foods **Cost/availability of dental services Job opportunities** Availability of mental health services Substance abuse prevention/treatment **Directory of community services** Help with personal motivation **Closer healthcare specialists** A cleanup of environment **Closer parks/trails Closer exercise/recreation facilities Education-chronic/emergency needs** Family support for addiction Less costly organized sports **Public transportation** Other More organized sports

Total respondents – 1553

NUMBER OF RESPONSES

Survey Respondent Prioritization of Community Needs (after lower healthcare costs)

Free or more affordable screenings

Less costly exercise/recreation facilities

Availability and cost of healthy foods

Cost/availability of dental services

Job opportunities

Availability of mental health services

Adiction prevention/treatment

Directory of community services

Number of respondents who prioritized one or more of these needs - 1051



Other (Write in) Community Needs

- Recruitment of specialists into the community
- More family practitioners
- Services for the disabled
- More nursing staff at the hospital
- Less expensive vision care
- More mental health specialists (6 month waiting period)
- More hours in the day



We asked about the needs of caregivers.

498 of survey respondents are caregivers for a senior, other adult with medical needs, or youth/children.





Needs Identified by Those Who Care for Adolescents and Children

What are your top four concerns for the physical health and safety of the youth you care for?

Number of Responses

124 **91** 86 85 81 80 **63 63** 44 Total Respondents who care 42 for children/youth - 295 **39** 24 17 8

Overweight/Obesity Risky Driving Chronic Health Conditions Don't Get Enough Sleep Attention Deficit/Hyperactivity Alcohol or Street Drugs Sports Injuries Couch Potato Sexual Activity Side Effects of Medications Other Smoking **Sexually Transmitted Diseases Won't Take Prescription Meds**

What are your top four concerns for the mental and behavioral health of the youth you care for?

Number of Responses





Other (Write in) Unmet Needs for Children and Adolescents

- Support groups for children of addicted parents
- Free educational diabetic camps for kids
- Mandatory health education and fitness time in school
- Stop the overuse of electronic devices
- More healthful food choices in schools
- Better facilities for handicapped children
- More programs/options for autism spectrum children

Barriers to Improving the Physical and Mental Health of Youth



Expense of healthful foods Live too far from recreational activity Other Lack of positive role models Stigma associated with mental/behavioral... Don't know the signs for mental health issues Don't know who to talk to Single parent-youth often home alone Don't know if reaching developmental goals Can't communicate with them Lack transportation They resist going to the doctor Can't afford the medical care they need Don't know the signs for substance abuse



Needs Identified by Those Caring for the Elderly

Barriers Caregivers Face Who Care For Seniors or Other Adults With Medical Problems

Concerned They Don't Eat Enough They are Home Alone Due to Work Don't Have Enough Time For Their Care Can't Afford Co-pays/Deductibles They Resist Going to the Doctor Can't Afford Prescription Meds Other

Don't Know Where to Take Them for Fitness Don't Know What Kind of Fitness Activities can... Lack Transportation for Routine Medical Care They Resist Taking Prescribed Meds Don't Know Enough About the Pills They Take Don't Understand Medical Condition Don't Know When to Take Then to the Doctor Don't Know What Kind of Doctor Needed



Other Needs Identified by Those Caring for the Elderly

- Support groups for Alzheimer's care givers
- Dances and other community activities for seniors
- Reasonably priced in-home support systems available for 24 x 7 support
- Better pain management of the elderly by providers



2018 Community Health Needs Assessment

> <u>Click here for</u> <u>Email Survey</u> <u>Report</u>



Richard G. Snyder YMCA Campus

the

