

ACMH Prenatal and Breastfeeding Class List 2023

Preparing for Birth and Beyond

6p-8:30p (2 Part Series)

- February 9th and 16th
- April 13th and 20th
- June 8th and 15th
- August 17th and 24th
- October 12th and 19th
- December 7th and 14th

Breastfeeding Basics

6p-8:30p

- January 26th
- March 23rd
- May 18th
- July 20th
- September 28th
- November 16th

Newborn Care & Safety

6p-8:30p

- January 19th
- March 16th
- May 11th
- July 13th
- September 14th
- November 9th

Unit Tours

6p-6:45p

- February 16th
- April 20th
- June 15th
- August 24th
- October 19th
- December 14th